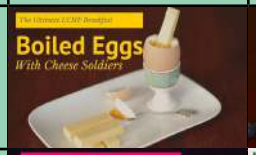
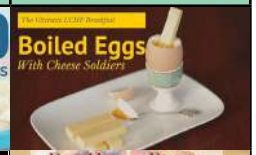
Weekly Meal Plan

Meal	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
Lunch {leftovers}							
Dinner							

Items Needed	Items Needed	Items Needed	Items Needed